



Sickness and Illness Policy

AIMS

At **Playbox Day Nursery** we promote the good health of all children attending. To help keep children healthy and minimise infection, we do not expect children to attend nursery if they are unwell. If a child is unwell it is in their best interest to be in a home environment with adults they know well rather than at nursery with their peers.

Our procedures

In order to take appropriate action of who children become ill and to minimise the spread of infection we implement the following procedures:

- Children with a high temperature (37.5) should remain at home or be sent home until they are well.
- Children with a continuous or persistent cough should remain at home or be sent home for a minimum of 7 days.
- Children who experience loss of taste or smell should be sent home for a minimum of 7 days.
- If a child becomes ill during the nursery day, we contact their parent(s) and ask them to pick up their child as soon as possible. During this time we care for the child in a quiet, calm area with their key person, wherever possible. Where we suspect the child may have symptoms of COVID-19 one staff member would remain with the child in an isolated room and wear full PPE. Until they are collected.
- Children showing signs of COVID-19 should remain isolated at home for a minimum of 7 days.

- We follow the guidance given to us by Public Health England (formerly the Health Protection Agency) in Guidance on Infection Control in Schools and other Child Care Settings and advice from our local health protection unit on exclusion times for specific illnesses, e.g. sickness and diarrhoea, measles and chicken pox, to protect other children in the nursery.
- Should a child have an infectious disease, such as sickness and diarrhoea, they must not return to nursery until they have been clear for at least 48 hours.
- In the best interests of all children and staff in the nursery we will exclude a child with the following infections until they are completely free from the infection. In the event that Public health England or a GP suggests that it is acceptable for a child to attend we will make our own judgement based on the best interest of all individuals attending the nursery. Contagious diseases which we would expect a child to stay at home with until they are clear are as follows:
 - **Impetigo**
 - **Conjunctivitis**
 - **Hand, Foot and Mouth Disease**
 - **Slapped cheek**
 - **Ring worm**
 - **Flu**
 - **Corona Virus (COVID-19)**
 - **Chicken Pox**
 - **Measels**
 - **Mumps**
- We notify Ofsted as soon as possible and in all cases within 14 days of the incident where we have any child or staff member with food poisoning. We inform all parents if there is a contagious infection identified in the nursery,

to enable them to spot the early signs of this illness. We thoroughly clean and sterilise all equipment and resources that may have come into contact with a contagious child to reduce the spread of infection

- We exclude all children on antibiotics for the first 48 hours of the course (unless this is part of an ongoing care plan to treat individual medical conditions e.g. asthma and the child is not unwell) This is because it is important that children are not subjected to the rigours of the nursery day, which requires socialising with other children and being part of a group setting, when they have first become ill and require a course of antibiotics
- We have the right to refuse admission to a child who is unwell. This decision will be taken by the manager on duty and is non-negotiable
- We make information/posters about head lice readily available and all parents are requested to regularly check their children's hair. If a parent finds that their child has head lice we would be grateful if they could inform the nursery so that other parents can be alerted to check their child's hair.

Meningitis procedure

If a parent informs the nursery that their child has meningitis, the nursery manager will contact the Infection Control (IC) Nurse for their area. The IC Nurse will give guidance and support in each individual case. If parents do not inform the nursery, we will be contacted directly by the IC Nurse and the appropriate support will be given. We will follow all guidance given and notify any of the appropriate authorities including Ofsted if necessary.

Transporting children to hospital procedure

The nursery manager/staff member must:

- Call for an ambulance immediately if the sickness is severe. DO NOT attempt to transport the sick child in your own vehicle
- Whilst waiting for the ambulance, contact the parent(s) and arrange to meet them at the hospital

- Re-deploy staff if necessary to ensure there is adequate staff deployment to care for the remaining children. This may mean temporarily grouping the children together
- Arrange for the most appropriate member of staff to accompany the child taking with them any relevant information such as registration forms, relevant medication sheets, medication and the child's comforter
- Inform a member of the management team immediately
- Remain calm at all times. Children who witness an incident may well be affected by it and may need lots of cuddles and reassurance. Staff may also require additional support following the accident.

This policy was adopted at a meeting on 1 September 2020

The policy will be reviewed on 1st April 2021